Lazytown creator shows off skills in Breakfast studio

24 August 2010 Last updated at 09:05 GMT

Help If you have children of a certain age you'll be familiar with Sportacus and his sidekick Stephanie from the hit TV series Lazytown.

The show can be seen in 120 countries around the world and encourages children to exercise and eat healthy food.

Its creator and star Magnus Scheving and Julianna Mauriello, who plays the 8-year-old Stephanie, told BBC Breakfast about their new single and impressed Bill and Sian with their skills.