

# A live show with a healthy message for children heads to Haverhill

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Lazy Town Live is coming to Haverhill Arts Centre

**Brand-new theatre show LazyTown Live On Stage is coming to Haverhill on August 25 as part of a nationwide tour.**

The show is well known to many, having been broadcast on Channel 5's Milkshake for some years and passes on a healthy life message through characters Stephanie and Sportacus as they rescue the townspeople from Robbie Rotten's lazy schemes.

"The superheroes in LazyTown are good role models for our children," says producer Nick Larkin.

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"They encourage a healthy lifestyle – more exercise, less sugar."

The message is simple: LazyTown's Sportacus, the backflipping slightly-above-average superhero says too much sugar makes you weak while 'sports candy' (fruit and vegetables) is the perfect sugar swap – giving you lots of good energy. Instead of playing inside all day, it's time everyone got active and played real games outside.

The show starts at 2.30pm. Tickets are available on 01440 714140 or at [haverhillartscentre.co.uk](http://haverhillartscentre.co.uk).