

Children's favourite characters Sportacus, Robbie Rotten, Stephanie and Ziggy are to return in an all-new concert show for 2016.

LazyTown Live on Stage is coming to The Pomegranate Theatre on Sunday, July 10, and we have a family ticket up for grabs as a competition prize.

Simply answer the question at the foot of this article to be in with a chance of winning a family ticket.

Go, go, go, get up LazyTown - it's time to enjoy a non-stop, highly-interactive and energetic treat, jam-packed with singing, dancing, spectacular acrobatics, music and fun.

Currently on Turner's Boomerang and Cartoonito, and Channel 5's Milkshake, LazyTown is a hit all over again with a new generation of boys and girls.

And, in this new stage show adventure, Robbie is at his rottenest worst while Sportacus has to be at his athletic, super-active best - running, jumping and flipping to save the day.

Stephanie and Ziggy also star as a mix of music, movement and humour engages, entertains and motivates children to make healthier choices in their everyday lives.

All the well-known songs from the TV show feature, including No One's Lazy in LazyTown, Bing Bang and Never Say Never, as the benefits of "sportscandy" are introduced in inspirational style.

From international producers of Ben 10 Live, Barney and Friends, Charlie and Lola and Smurfs Live On Stage, meet your favourite LazyTown characters and learn how to be a real super hero in this wonderful stage show spectacularly suitable for ages 3 to 103!

To win a family ticket, answer this simple question: What does Sportacus like to eat to give him energy: a) sports candy, b) lots of candy, c) sports socks.

Send your answer by email to: gay.bolton@jpress.co.uk. Closing date for entries is June 23, 2016.

Normal Derbyshire Times rules competition apply and are available on request. The editor's decision is final. For competition terms and conditions, visit www.derbyshiretimes.co.uk