

# AUDITION INSTRUCTIONS / SIDES



## INSTRUCTIONS

**For your audition, please present the following:**

1. **READ:** the lines for the character of SPORTACUS in the 4 show segments you'll find in the following pages of this document.
2. **SING:** the lyrics (verses of SPORTACUS) at the end of this document. An accompanying song recording to serve as your guide, and the background music track to use for your audition, are available to download on the role description page (the same page on which you downloaded this document).
3. **ACROBATICS:** please perform a handstand, one-handed push-ups, a somersault, flick flack flips (back handsprings), a split and power jumps/straddle jumps.

All items are required for your complete audition.

Please review the YouTube videos which are provided on the main presentation page to acquaint yourself with the style of the show.

- A. **Read the Rules For This Casting before filming your video** (see last page). Not following the rules will indicate to the casting director that you lack professionalism and they won't cast you.
- B. **Read the Video Guidelines before filming your video** (see last page). The castings we operate are very competitive; following our guidelines will allow you to present your performance in the best possible way.
- C. **Audition as soon as possible:** this will increase your chances.
- D. **Send your audition** using the upload button on the character description page of the role you're auditioning for (don't send it through another page).

**IMPORTANT:** if you plan on auditioning for this casting, subscribe to its updates.

- a. In case the audition requirements, sides or instructions change.
- b. In case the role is cast before you've filmed your video.
- c. To be notified when callbacks have started, roles are cast, etc.

Subscribe on the page listing all the roles by clicking on:

[Keep me posted](#)

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**"HERO FOR A DAY"**

Ziggy sits on a bench, his chin in his hands. Sportacus comes up and sits next to him.

SPORTACUS

You seem upset, Ziggy. Do you want to talk about it?

ZIGGY

It won't do any good. I'm no superhero. I'm a super zero.

SPORTACUS

Why do you want to be a superhero?

ZIGGY

I want to do cool moves! Like this!

Ziggy tries to do some moves but fails.

ZIGGY (CONT'D)

Oh, I keep messing up!

SPORTACUS

To do cool super hero moves, you need one very important ingredient!

ZIGGY

Chocolate? Please say it's chocolate!

SPORTACUS

No - practice!

ZIGGY

That doesn't sound very tasty!

SPORTACUS

The only way to become good at something...is to do it

Sportacus picks up a basketball and dribbles it like an expert.

SPORTACUS (CONT'D)

...and do it (cool move)...and do it....(another cool move) and NEVER give up doing it!

He shoots a perfect basket.

ZIGGY

Wow! Will you show me how to be a super hero?

SPORTACUS  
(laughing)  
Of course! Super hero practice  
starts right now!

**THE GREATEST GIFT**

SPORTACUS (CONT'D)  
Hi Stingy.

STINGY  
Hello Sportacus - tired of jumping?  
Do you need a ride?

Sportacus is amused by Stingy's question.

SPORTACUS  
Haha, no thanks, but do you need  
some help?

STINGY  
No, why do you ask?

SPORTACUS  
Well I heard from Stephanie that  
you are not going to Ziggy's  
birthday party tomorrow. I thought  
you liked parties...

STINGY  
I can't come tomorrow because  
tomorrow I'm going to have a cold.

Sportacus makes a quizzical face.

SPORTACUS  
How do you know?

STINGY  
Because it's his birthday!

SPORTACUS  
Well, I know Ziggy would love to  
see you at his party.

STINGY  
I have no doubt about that. I'm  
pretty wonderful at parties.

SPORTACUS  
It's fun to share another year with  
friends. Giving them gifts to show  
how much we care about them...

STINGY  
I'm NOT coming to the party and  
that's the end of it! Finito!

**ROBBIE SHRINKS SPORTACUS**

ROBBIE  
(puzzled)  
Where did he go??

Robbie leans against his handle. Suddenly, Sportacus appears, dressed in a pirate costume!

ROBBIE (CONT'D)  
Who are you?

Sportacus responds with calm assurance.

SPORTACUS  
I'm a pirate.

ROBBIE  
Ahh...of course. Have you seen a  
little pink girl around here?

SPORTACUS  
(pointing)  
I think she went over there.

ROBBIE  
Okay, thanks.

SPORTACUS  
No problem.

Robbie uses the distraction to grab the Shrinking Ray from Sportacus. He points it at Sportacus.

SPORTACUS (CONT'D)  
I don't think you want to do that.

ROBBIE  
It would be so nice if you would  
let me make that decision.

Sportacus wants to make Robbie understand he's about to make a mistake.

SPORTACUS  
Robbie, seriously...

ROBBIE  
Say goodbye, Sportacus!

Robbie pulls the trigger. But the Shrinking Ray is pointed backwards, and covers Robbie in the green ray! Robbie is shrunk to tiny size!

STEPHANIE  
He never learns, does he?

SPORTACUS  
(smiles)  
Maybe one day! Come on, let's get  
out of here!

**SCAVENGER HUNT**

EXT. HOLE

Robbie leaps out from behind the tree and looks into the hole. He laughs with glee!

ROBBIE  
Hello down there!

SPORTACUS  
Can you help me out of here please!

ROBBIE  
Oh, I'd like to help you, but this  
isn't really my problem! However, I  
will need that shoe back...

SPORTACUS  
Is it yours?

ROBBIE  
Yes!

Sportacus tosses the shoe. Robbie catches the shoe and tries to put it on. He leaps on one foot and accidentally FALLS INTO THE HOLE!!! Sportacus stands facing Robbie.

SPORTACUS  
Looks like it IS your problem now.

ROBBIE  
Heh heh...well this is awkward.  
There must be some way to get out  
of here...Ahh, a switch!

Robbie spots a switch on the wall.

SPORTACUS  
Don't touch that!

ROBBIE  
Why not?

Robbie flips the switch and it breaks off in his hand. The WALLS START CLOSING IN ON THEM.

SPORTACUS  
That's why!

Robbie SHRIEKS with fear. He rushes to the other side of the hole and BREAKS the other switch too! He SHRIEKS again!

ROBBIE

Don't just stand there, DO something!

Sportacus looks around for some way to escape. He produces an apple from his backpack and starts to eat it. His crystal starts to glow extra bright.

SPORTACUS

We don't have a lot of time!

He hands Robbie a brown paper bag.

SPORTACUS (CONT'D)

Here, breathe into this and put your foot in my hands!

Robbie does it. Sportacus smells Robbie's foot and makes a sour face.

SPORTACUS (CONT'D)

Not a good idea. The other foot, please.

ROBBIE

Whatever!

Robbie does so. Sportacus power-lifts him out of the hole.

ROBBIE (CONT'D)

I still don't see why you - aaaahh!

## **NO ONE IS LAZY IN LAZYTOWN**

**(original version)**

(m. svavarsson / m. Svavarsson, m. Valenti, r. Scobie)

*(Sportacus)*

When I move – I´m feeling alright  
Bing bing bang and I´m ready to go  
Jump high – from left to right  
And you´ll be going strong!

*(Stephanie)*

Find the beat  
n´ express yourself  
You´re racing like a train  
Like a human hurricane  
and we say

*(Everyone)*

Go Go  
Get it together  
No one´s lazy in Lazytown  
Hey hey  
Sing it together  
No one´s lazy in Lazytown

*(Stephanie)*

Find the beat  
n´ express yourself  
Show them who you are  
Show them you´re a superstar  
and we say

*(Everyone)*

Go Go  
Get it together  
No one´s lazy in Lazytown  
Hey Hey  
Sing it together  
No one´s lazy in Lazytown

Go Go  
Get it together  
No one´s lazy in Lazytown  
Hey Hey  
Sing it together  
No one´s lazy in Lazytown  
No one´s lazy in Lazytown  
No one´s lazy in Lazytown

## RULES FOR THIS CASTING - PLEASE READ AS THESE CAN DIFFER FOR EACH CASTING

**Failure to follow these rules will result in your video being deleted.**

1. **MATCH** Don't audition unless you match the role description and requirements. Using this online casting as an opportunity to show your work to a casting director without matching the requirements will not impress them; it will work against you to waste their time.
2. **ONLY AUDITION FOR ONE ROLE** Even if you match more than one role. The production will let you know if they want another audition from you. Additional video will be deleted.
3. **ONLY ONE VIDEO FILE** You can upload only one file for your audition. If you do multiple takes, please edit/merge everything into one file. Visit our [Help Section](#) if you need help doing this.
4. **VIDEO CONTENT** Your video should include only what is requested in this document. Please don't include any other material (headshots, demo reel, etc.). Improper videos will be deleted.
5. **DON'T SLATE** Don't do an intro or write your contact information on your video. This information already appears via your account and only annoys the casting director by taking up their time.
6. **FILE SIZE LIMIT** 500 Mb (megabytes) max. video file size. Visit our [Help Section](#) if you need it.
7. **NO CHANGES** Once your video is uploaded you'll need to view it online to validate it before it's submitted. Once your video is validated, your audition is final & cannot be modified in any way.

## VIDEO GUIDELINES & TIPS

We **strongly** recommend reviewing the more extensive and detailed guidelines in our [Help Section](#) [www.bit.ly/LICtips](http://www.bit.ly/LICtips) based on casting directors' feedback.

**READER** You are strongly encouraged to have someone respond to you if your scene is a dialogue, but please avoid filming them: the focus needs to be on you.

**DON'T SHOOT SIDEWAYS** Be sure to hold your camera the right way so that your video is horizontal and not vertical. Be especially careful of this if you're using a phone camera: your video may play back correctly on your phone, but it will play back sideways or cropped (in a bad way) online.

**LIGHTING** You're not expected to professionally light the scene; natural light is sufficient, but you need lots of light if you don't want your video to look grainy. Make sure you face your light source & avoid overhead lighting as your only light source.

**FRAMING & MOVEMENT** Frame your shot so your face occupies half the frame (at least for most of your audition). Perform towards the camera, looking slightly off to the side of the lens. Unless there's a good reason to move the camera about, keep it still and steady (avoid holding it with your hand).

**VIDEO FORMAT** We accept nearly all video file formats. Best formats: AVI, DIVX, DV, M4V, MOV, MP4, MPG, VOB. Note: WMV files should be OK, but they are more likely to cause issues.

**VIDEO DIMENSIONS** Productions will view your video in a 16:9 frame, but you can shoot in any aspect ratio and your video will be adjusted accordingly. Ideal width is 720px (and not less than 360px).

**QUESTIONS?** Visit [letitcast.com/faq](http://letitcast.com/faq) or email [accounts@letitcast.com](mailto:accounts@letitcast.com)

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